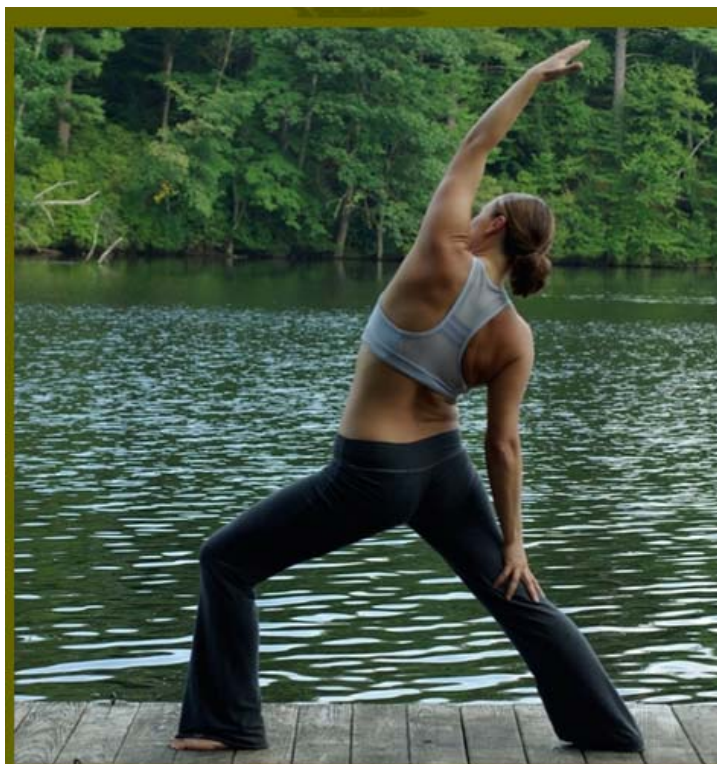


Power Yoga Series – Coming Soon!

Sturbridge Yoga is expanding to Holland, MA!!

Registration now open for the March Power Yoga series
(5-week series begins on March 1st)

----- **FREE** intro class on February 23rd at 6:45 PM! -----



Thursday Evenings, 6:45 – 8:00 PM

Holland Senior Center*

40 Brimfield Road, Holland MA

Advanced Registration Recommended: \$60 for 5 classes

Register by 2/15: \$54 for 5 classes

Drop-ins: \$15 per class (subject to space availability)

* Note: this is a traditional Power Yoga class, not a seniors' class

Class Dates:

March 1	March 8	March 15
March 22		March 29

Contact Sturbridge Yoga directly at (508) 344-5903 to reserve your space,
or register online at www.sturbridgeyoga.com